

Biome Kitchen

HOMEMADE SOUP VGO GFO* **6.50**

ALWAYS VEGAN, ALWAYS DELICIOUS!
PLEASE CHECK FOR TODAY'S FLAVOUR

SMOKEY BEAN, LENTIL AND VEGETABLE STEW 219kcal DFO GFO **7.95**

SERVED WITH FRESH BREAD AND CORNISH BUTTER

INDIAN SQUASH CURRY 632kcal VG GFO **9.95**

SERVED WITH FRAGRANT RICE, POPPADUM, FRESH CORIANDER, CHILLIES AND MANGO AND PANELA CHUTNEY

EDEN PASTA 513kcal VG **9.95**

ORGANIC CORNISH PASTA COOKED IN A RICH TOMATO, VEGETABLE AND HERB SAUCE SERVED WITH GARLIC CIABATTA AND FRESH SALAD

HOMEMADE EDEN VEGETABLE PIE 815kcal VG DF **9.95**

A SWEET SPICED CHICKPEA AND VEGETABLE PIE ENCASED IN SHORTCRUST PASTRY SERVED WITH HERBED NEW POTATOES, ROASTED SEASONAL VEGETABLES AND A CARAMELISED ONION GRAVY

CARAMELISED ONION AND GOATS' CHEESE PIZZA 791kcal V GFO DFO **10.95**

STONE BAKED AND FINISHED WITH ROCKET AND BASIL OIL

TRIO OF KITTOWS SAUSAGES 996kcal GF DF **11.25**

AWARD-WINNING SAUSAGES SERVED WITH HERBED NEW POTATOES, ROASTED SEASONAL VEGETABLES AND A CARAMELISED ONION GRAVY

Children

FISHLESS FINGERS 442kcal VG **7.50**

SERVED WITH HERBED NEW POTATOES AND PEAS

EDEN PASTA 318kcal VG **6.95**

ORGANIC CORNISH PASTA COOKED IN A RICH TOMATO, VEGETABLE AND HERB SAUCE SERVED WITH GARLIC CIABATTA AND FRESH SALAD

MARGHERITA PIZZA 210kcal V GFO DFO **6.95**

A SIMPLE CLASSIC ON A STONE BAKED BASE

KITTOWS SAUSAGE 688kcal GF DF **7.95**

AWARD-WINNING SAUSAGES SERVED WITH HERBED NEW POTATOES, ROASTED SEASONAL VEGETABLES AND A CARAMELISED ONION GRAVY

KIDS BAG **7.50**

PACKED LUNCH WITH JOUSED FRUITY WATER, A PIECE OF FRUIT, SALTED CRISPS AND A CHOICE OF CHEESE OR HAM WRAP

CHEESE 910kcal | HAM 708kcal

Sides

POTATO BITES 403kcal VG GF **5.50**

DIPS VG GF GARLIC MAYO 392kcal | CHIPOTLE MAYO 412kcal **1.00**

ROASTED VEGETABLES 208kcal VG GF **4.50**

HERBED NEW POTATOES 276kcal VG **4.00**

GARLIC CIABATTA 363kcal VG **4.50**

V VEGETARIAN VG VEGAN VGO VEGAN OPTION DF DAIRY FREE

GF GLUTEN FREE GFO GLUTEN FREE OPTION DFO DAIRY FREE OPTION

* PLEASE NOTE THAT OUR GLUTEN FREE BREAD CONTAINS EGG

IF YOU HAVE ANY DIETARY REQUIREMENTS OR NEED ASSISTANCE WITH THE MENU PLEASE SPEAK TO A MEMBER OF OUR TEAM - WE'RE ALWAYS HAPPY TO HELP.

ADULTS NEED AROUND 2000 KCAL A DAY. KCAL VALUES ARE FOR THE DISH AS DESCRIBED.

